



5th Asian Preventive Cardiology & Cardiac Rehabilitation Conference

Cum 9th Certificate Course in Cardiac Rehabilitation

6-9 November 2014 • Hong Kong Convention & Exhibition Centre

Final Announcement

Mark your diary & See you in November 2014!

Innovations to Fill the Gaps of Prevention



For up-to-date information,
please visit our website at:

<http://www.apccrc.com>

Host Organization

Supporting Organizations



香港心臟專科學院
Hong Kong College of Cardiology



Asian Pacific Society
of Cardiology



Cardiac Rehabilitation &
Resource Centre of Tung
Wah Eastern Hospital



關心您的心
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Centre on
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衛生署
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The Hong Kong Heart
Foundation Limited



The Hong Kong Society
for Rehabilitation



Tung Wah Hospital



United Christian
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APCCRC 2014 Conference Secretariat

c/o International Conference Consultants Ltd.

Tel: (852) 2559 9973 Fax: (852) 2547 9528 Email: apccrc@icc.com.hk

Invitation

Cardiovascular disease, together with the control of its various risk factors, is a global challenge. It is associated with significant morbidity, mortality and economic loss. It is thus one of the goals of public health to reduce the incidence and prevalence of cardiovascular disease in different parts of the world, including Asia.

There has been astonishing advancement in the pharmacological treatment in the field of preventive cardiology. Notable examples include the availability of new antiplatelet drugs in the treatment of acute coronary syndrome and antithrombotic drugs in stroke prevention. New therapeutic armamentaria are also available for the major risk factors of coronary artery disease, namely, dyslipidaemia, hypertension and diabetes mellitus. Cardiac rehabilitation remains to be a strong evidence-based and cost effective strategy for patients with different heart diseases. New data has been accumulating in this area. Last but not the least, the unstoppable development of the information technology enables the evolution of telemedicine.

With this dynamic background, we are excited to announce that the 5th Asian Preventive Cardiology & Cardiac Rehabilitation Conference cum 9th Certificate Course in Cardiac Rehabilitation will be held on 6-9 November 2014 at the Hong Kong Convention and Exhibition Centre. The central theme of our conference will be on "Innovations to Fill the Gaps of Prevention". Experts from Asia and other parts of the world will join together and share their experience in various aspects of preventive cardiology and cardiac rehabilitation.

In addition, our program will also include a 2-day Certificate Course in Cardiac Rehabilitation which facilitates the establishment or optimization of cardiac rehabilitation programs in the participants' centres. We are confident that participants will gain skills and knowledge through learning from the experts and exchanging of ideas during the conference.

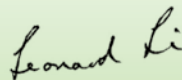
Continuous professional education is one of the keys to the success of a quality health care system. We are confident that the program will be useful to cardiologists, cardiology trainees, rehabilitation physicians, general physicians, nurses, allied health professionals and all other health workers who take care of cardiac patients or are interested in this field of medicine.

Prevention would not be successful without the participation of the public who need to be empowered. A public conference will be held at the same time to educate patients and their carers to enhance empowerment and compliance.

We sincerely invite you to join us in this very educational biennial conference cum certificate course and collaborate in the global action in reducing the burden of cardiovascular diseases. For those overseas delegates, we are sure that you would enjoy the stay in our vibrant and fascinating city of Hong Kong !



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Co-Chairman
Executive Committee



Dr. LI Sheung Wai Leonard
Co-Chairman
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Prof. Samuel WONG

Mr. Ka-Tsun TING

Prof. Hung-Fat TSE

Dr. Kai-Fat TSE

Dr. Tak-Fu TSE

Dr. Sunny YUE

Conference Venue

S421-427, Hong Kong Convention and Exhibition Centre
1 Expo Drive, Wanchai, Hong Kong

9th Certificate Course in Cardiac Rehabilitation (6-7 November)

Thursday, 6 November		
Time	Topic	Speaker
08:15	Registration	
09:00-10:30	Workshop I: Advance in Evidence	
	Treadmill Testing and its Utility in Exercise Prescription	Dr. Jimmy Lim
	Sex Differences in CHD: Lessons from WISE Study	Dr. Noel Bairey Merz
	Worksite Wellness	Dr. Abraham S Babu
10:30-11:00	Coffee Break	
11:00-12:30	Workshop II: Exercises	
	Common Cardiovascular Issues of Exercise, How to Get the Most Benefits and to Avoid Potential Risks	Dr. Gary Mak
	Exercise Prescription for Individuals with Cardiovascular Disease and Modifiable Risk Factors	Mr. Clement Chan
12:30-14:00	Lunch Break	
14:00-15:30	Workshop III: Diet and Cardiovascular Health	Ms. Charmain Tan
15:30-16:00	Coffee Break	
16:00-17:30	Workshop IV: Psychological Approach in Managing Cardiac Anxiety	Dr. Kwok-Keung Leung

Friday, 7 November		
Time	Topic	Speaker
08:15	Registration	
09:00-10:30	Workshop V: Advance in Evidence	
	Applications of Cardiopulmonary Exercise Test in Cardiac Rehabilitation	Prof. Ssu-yuan Chen
	Exercise in Patient with Pulmonary Hypertension	Dr. Visal Kantamatanakul
	Practical Exercise Prescription in Cardiac Patients	Dr. Farzaneh Torkan
10:30-11:00	Coffee Break	
11:00-12:30	Workshop VI: Work Rehabilitation	
		Mr. Wilson Chan Mr. Tony Wong
12:30-14:00	Lunch Break	
14:00-15:30	Workshop VII: Quality of Life	
	Driving and Cardiac Disease	Dr. Angus Chu
	Special Consideration in Flight and Traveling for Cardiac Patients	Dr. Mohammad Fallah
	Sexual Issues on Cardiac Patients	Rehabaid Centre, Sexual Rehabilitation Service Team
15:30-16:00	Coffee Break	
16:00-17:30	Workshop VIII: Practical Session	Cardio-Pulmonary Special Group of Hong Kong Physiotherapy Association

5th Asian Preventive Cardiology and Cardiac Rehabilitation Conference (8-9 November)

Saturday, 8 November

Time	Topic	Speaker	
08:15	Registration		
09:00-10:30	Abstract Presentation	Joint Session with Japanese Association of Cardiac Rehabilitation	
10:30-11:00	Coffee Break / Poster Presentation / Exhibition		
11:00-12:30	Abstract Presentation – Best Paper	Joint Session with Chinese Society of Cardiovascular Rehabilitation Opportunities and Challenges of Cardiac Rehabilitation in China	
		Experience of Phase I Cardiac Rehabilitation for Post-surgery Patients in China	Prof. Lan Guo
		Strategy of Improving Exercise Compliance With Cardiovascular Diseases in Xiangya Hospital	Dr Suixin Liu
		Role of Acu-TENS in Cardiac Rehabilitation of Elderly Patients	Dr Pengyu Cao
		Twenty Years' Experience of Cardiac Rehabilitation in Hong Kong	Dr Suet-Ting Lau
12:30-14:00	Lunch Symposium (Sponsored by Boehringer Ingelheim)		
	NOACs in Atrial Fibrillation: Past, Present, and Future	Prof. Hung-Fat Tse	
	Integrating Echo Findings in the Management of Atrial Fibrillation	Dr. Alex Lee	
14:00-14:45	Opening Ceremony		
14:45-15:30	Symposium 1 – Hong Kong Heart Foundation Symposium		
	Women and Heart Disease-Detection, Evaluation and Management	Dr. Noel Bairey Merz	
15:30-16:00	Coffee Break / Poster Presentation / Exhibition		
16:00-18:05	Symposium 2 – Lipid and Diet		
	Latest and Perhaps Controversial Lipid Guidelines	Dr. Jimmy Lim	
	Cardiovascular Protection and Lipids - What is the New Insight (Sponsored by AstraZeneca)	Prof. Stephen Nicholls	
	Diets, Exercise, Herbs and Supplements: What Works?	Dr Noel Bairey Merz	
	Low and Reduced Calorie Sweeteners and Health	Dr John Foreyt	
	Polypill in Cardiovascular Diseases-Has its Time Come?	Dr Sandeep Gupta	

Sunday, 9 November

Time	Topic	Speaker
08:15	Registration	
09:00-10:30	Symposium 3 – Hypertension Debate	
	The Treatment Threshold and Target for Hypertension Should be More Lenient in Elderly	
	Pros	Prof. David Hare
	Cons	Prof. Bernard Cheung
	Discussions	
	Rebuttal	

10:30-11:00	Coffee Break / Poster Presentation / Exhibition	
11:00-13:05	Symposium 4 – Cardiac Rehabilitation : Asian Experience	
	Opportunities and Challenges in Cardiac Rehabilitation	Prof. Dayi Hu
	How Could I set up Cardiac Rehabilitation in Wildland? My personal Experience	Dr Jong-Young Lee
	Home-based Cardiac Rehabilitation: an Alternate Model in Resource Limited Settings	Dr Abraham S Babu
	High-intensity Exercise and High-risk Clinics in Cardiac Rehabilitation	Dr Visal Kantamatanakul
	Submaximal Exercise Testing: Advantages and Weakness in Performance Assessment in Cardiac Rehabilitation”	Dr Mohamed Yatim Saari
13:05-14:00	Lunch Break	
14:00-16:00	Symposium 5 – Cardiac Rehabilitation and Cardiovascular Risk Factors	
	Cardiac Rehabilitation Program for Patients After Heart Transplantation	Prof. Ssu-Yuan Chen
	Depression and Cardiovascular Disease	Prof. David Hare
	Psychosocial Rehabilitation for Cardiac Patients-Expert View from a Cardiologist/Psychiatrist	Prof. David Hare
	Sarcopenic Obesity as a Cardiometabolic Risk Factor	Dr Yutaka Kimura
16:00-16:30	Coffee Break / Poster Presentation / Exhibition	
16:30-18:00	Symposium 6 – Acute Coronary Syndrome and Atrial Fibrillation	
	The Management of ACS with DM (Sponsored by Eli Lilly)	Dr Gary Mak
	A New Paradigm in the Management of Acute Coronary Syndrome (Sponsored by AstraZeneca)	Prof. Stephen Nicholls
	The Evolving Paradigm of Anticoagulation (Sponsored by Bayer)	Dr Chi-Kin Chan

Public Conference Program

日期：2014 年 11 月 9 日
 時間：早上 9 時至下午 1 時
 對象：心臟病患者及其家屬

Sponsored by:



09:00-09:15	開幕典禮	李常威醫生
09:15-10:45	冠心病診斷：解構醫學攝影角色	陳穎思醫生 (香港大學李嘉誠醫學院內科學系心臟科專科醫生)
10:45-11:00	中場休息	
11:00-13:00	營養師看中西食療 區思敏小姐、黃義枝小姐 (屯門醫院營養師)	由靜觀開始： 從失眠、壓力、憂慮到心安 黃仰山教授 (香港中文大學 家庭醫學及基層醫療學部主管) 陳鑑忠先生 (協康會教育心理學家) 丁家浚先生 (九龍醫院臨床心理學家)

The official language of the Public Conference is Chinese and separate registration is required. Please visit the conference website (www.apccrc.com) for more details.

Registration Form

Please complete the form below and return it with the appropriate payment to:

APCCRC 2014 Conference Secretariat, c/o International Conference Consultants Ltd

Office Address: Unit C-D, 17/F, Max Share Centre, 373 King's Road, North Point, Hong Kong

Tel: (852) 2559 9973 Fax: (852) 2547 9528 Email: apccrc-reg@icc.com.hk

PERSONAL INFORMATION

(Please type or print in block letters and ✓ where appropriate)

Title: Prof. Dr. Mr. Mrs. Ms. Others, please specify: _____

Family Name (Last Name): _____ First Name (Given Name): _____

Position: _____ Department: _____

Institution/Organization: _____

Address: _____

City/Region/State: _____ Postcode: _____ Country: _____

Tel (incl. international and area code): _____ Fax (incl. international and area code): _____

Email: _____ (Email is required for future communication.)

Special meal requests: Vegetarian Pork-free Beef-free Others, please specify: _____

Please indicate your profession:

Dietitian Doctor Nurse Occupational Therapist
 Physiotherapist Psychologist Social Worker Others: _____

REGISTRATION FEE

Category	Early Bird Rate (On or before 8 Oct 2014)	Normal Rate (After 8 Oct 2014)	Amount (HK\$)
Certificate Course and Conference on 6-9 November			
Overseas & local participant	<input type="checkbox"/> USD300 / HK\$2,400	<input type="checkbox"/> USD400 / HK\$3,200	
Conference Only (2 days) on 8-9 November			
Physicians	<input type="checkbox"/> USD100 / HK\$800	<input type="checkbox"/> USD150 / HK\$1,200	
Allied professionals	<input type="checkbox"/> USD90 / HK\$720	<input type="checkbox"/> USD120 / HK\$960	
Fellows / Members / Affiliates of Hong Kong College of Cardiology on 8-9 November			<input type="checkbox"/> Free

Cancellation: On or before 20 September 2014
After 20 September 2014

50% of the registration fee will be refunded.
No refund.

LETTER OF INVITATION

On request, the APCCRC 2014 Conference Secretariat will send a letter of invitation by email to participant to attend the Conference. This invitation is intended to facilitate participant's travel and visa arrangement and does not imply the provision of any financial or other support. Please send me a letter of invitation.

PAYMENT

I hereby agree to be bound by the rules and regulations of the Conference and would like to settle the payment of HK\$ _____ by

Credit Card (in Hong Kong dollars only): Visa or MasterCard

(Please contact your credit card company to notify them of this international charge to prevent the transaction from being rejected. The merchant name shown on the statement will be ICC LTD and the amount charged will be in HKD.)

Credit Card Number: _____ Expiry Date: _____

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Cheque in HKD or Bank draft in HKD/USD made payable to "Hong Kong College of Cardiology" and mail to the APCCRC 2014 Conference Secretariat at Unit C-D, 17/F, Max Share Centre, 373 King's Road, North Point, Hong Kong.

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Program

Scientific sessions consist of plenary lectures, symposia, abstract presentation and workshops. There will also be public lecture and exhibition from the industry.

Accreditation (CME/CNE/CPD)

Accreditation is being applied and will be announced later.

Best Paper Awards

Abstracts accepted for oral presentations will be shortlisted for the competition of the Dr. Chu-Pak Lau Best Paper Award and Dr. Suet-Ting Lau Best Paper Award. The two award winners will be awarded a certificate and cash prize of HK\$1,000.

Acknowledgments

A. Menarini Hong Kong Limited
AstraZeneca Hong Kong Limited
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