

When Children Won't Eat: Picky Eaters Vs Problem Feeders



ASSESSMENT AND TREATMENT USING THE **SOS** APPROACH TO FEEDING

23rd -26th February 2019 (Sat-Tue)

9.00 am – 6.00 pm

HKD 5,000



FRONTIER

Frontier Teaching and Therapy Consultancy Limited



Course Information

WHAT IS SOS?

The Sequential Oral Sensory (S.O.S) Approach to Feeding workshop is a trans-disciplinary program for assessing and treating children with feeding difficulties and weight/growth problems from birth to 18 years. It integrates posture, sensory, motor, behavioral/learning, medical, and nutritional factors to comprehensively evaluate and manage children with feeding/growth problems.

The 4-day Basic Conference is designed for babies, toddlers and small children. Other ages and special populations are covered in the Advanced Workshops.

OBJECTIVES :

Participants attending will be able to:

- Identify oral, sensory, motor, cognitive and emotional developmental milestones key to feeding.
- Recognize and describe the major reasons why children won't eat, as based on learning theory principles.
- Identify physical, behavioral, motor, oral-motor, and sensory factors as a part of a Feeding Assessment.
- Apply behavioral and social learning principles, and systematic desensitization to feeding problems.
- Create and implement a S.O.S feeding program for babies, toddlers and young children, in group and individual treatment formats.

SUITABLE FOR:

Occupational Therapists, Speech and Language Therapist, Special Educators, Early Intervention Specialists, Nurses, Psychologists, Physicians, Dietitians, Mental Health Workers, other Child Care Providers and Educators.

Training conferences are created for professionals. If parents wish to attend the training workshop, they must be accompanied by the child's therapist.

Teaching Language: English

Course Fee: Early Bird (before 1st Jan 2019) HKD 5,000

Full Price HKD 5,500

Application : Now till 1st Feb 2019

Venue: Quarry Bay MTR (to be confirmed)

CPD: In progress.

Speakers



Dr. Kay A. Toomey is a Pediatric Psychologist who has worked with children who don't eat for almost 30 years. She has developed the SOS Approach to Feeding as a family centered program for assessing and treating children with feeding problems. Dr. Toomey speaks nationally and internationally about her approach. She also acts as a consultant to Gerber Products. Dr. Toomey helped to form The Children's Hospital – Denver's Pediatric Oral Feeding Clinic, as well as the Rose Medical Center's Pediatric Feeding Center. Dr. Toomey co-chaired the Pediatric Therapy Services Department at Rose Medical Center prior to entering private practice. Dr. Toomey acted as the Clinical Director for Toomey & Associates, Inc.'s Feeding Clinic for six years and SOS Feeding Solutions at STAR Institute for eight years. Dr. Toomey is currently the President of Toomey & Associates, Inc., and acts as a Clinical Consultant to the Feeding Clinic at STAR Institute.



Dr. Erin Sundseth Ross is a Speech Pathologist with a Doctoral degree in Clinical Sciences – Health Services Research. She completed a two-year post-doctoral training in the Section of Nutrition and is a Clinical Instructor in the School of Medicine, Department of Pediatrics, at the University of Colorado Denver. Dr. Ross has over 25 years of experience working in the NICU within several Health ONE hospitals, and with children when she was at the SOS Feeding Solutions clinic in Denver, Colorado. Dr. Ross is the creator of the SOFFI Method SM , a feeding program for use in the NICU. She has specialized in the development of feeding skills, and the etiology and treatment of feeding and growth problems in infants and very young children from initial hospitalization through the first 5 years of life.

Conference Course Agenda

DAY 1:

8:30am to 9:00am

Registration

9:00am to 11:00am

I. Introduction

A. Prevalence

B. What do we know from the Research?

C. Tenets of SOS

11:00am to 11:15am

Break

11:15am to 1:00pm

D. Top 10 Myths

II. Feeding Theory - How children learn to AND not to eat

A. Learning Theory

1. Application to Feeding

2. Feeding Therapy

options

1:00pm to 2:00pm

Lunch

2:00pm to 4:00pm

A. Learning Theory

3. Feeding Video

III. Feeding Skills

A. Myth 1 = Breathing

B. Motor milestones

4:00pm to 4:15 pm

Break

4:15pm to 6:00pm

C. Oral-Motor milestones

D. Neurosensory

DAY 2:

9:00am to 11:00am

III. Feeding Skills - continued

E. Steps to Eating

F. Developmental Food Continuum

11:00am to 11:15am

Break

11:15am to 1pm

F. Developmental Food Continuum – continued

G. Cognitive Development

DAY 2 continued:

1:00pm to 2:00pm

Lunch

2:00pm to 4:00pm

III. Feeding Skills - continued

H. Psychological Developmental Stages

IV. General Treatment/Interventions

A. Strategies for Family Meals

4:00pm to 4:15pm

Break

4:15pm to 6:00pm

A. Strategies for Family Meals - continued

B. Preventing Food Jags

V. Assessment of Feeding Problems

A. Assessment Process

B. Referral Candidates

C. Reasons Children Won't Eat

DAY 3:

9:00am to 11:00am

V. Assessment of Feeding Problems - continued

D. Child Factors

E. Environmental Factors

F. Parent Factors

G. Practice Videos

11:00am to 11:15am

Break

11:15am to 1.00pm

VI. The SOS Approach to Feeding – Therapy Sessions

A. Systematic Desensitization

B. Cues to Eating

1:00pm to 2:00pm

Lunch

2:00pm to 4:00pm

C. Language Use

D. Therapy Format - Child

E. Therapy Format – Parent

4:00pm to 4:15pm

Break

4:15pm to 6:00pm

F. SOS Data

G. Building a Food Hierarchy

- using food as your therapy tools

DAY 4:

9:00am to 11:00am

VI. The SOS Approach to Feeding – Therapy Sessions – continued

G. Building a Food Hierarchy - continued

H. Hierarchy Strategies

11:00am to 11:15am

Break

11:15am to 1:00pm

H. Hierarchy Strategies - continued

1:00pm to 2:00pm

Lunch

2:00pm to 4:00pm

I. Video Practice: Progression Within Session

J. SOS Data

4:00pm to 4:15pm

Break

4:15pm to 6:00pm

VII. Managing Maladaptive Behaviors

A. Overview

B. Preventing “problem” behaviors

C. Intervention strategies – basic

D. Emotion Based Discipline

VIII. The SOS Approach to Feeding - Audience Practice

A. Video Practice: Progression Across Sessions

Participants are expected to attend the course for the entire length of each day (9.00 am to 6.00 pm, Days 1-4) in order to receive their Certificate of Attendance and their full credits. Participants will miss crucial information needed to be able to correctly use the SOS Approach to Feeding program if they come late or leave the course early. Please make all travel arrangements to ensure you do not arrive late or need to leave early on any day.

Application Form

| | |
|--------------------|------------------------------------|
| Name: | Mr/ Mrs/ Miss Surname: Name: |
| Job Title: | |
| Organisation: | |
| Address: | |
| Phone Number: | |
| Emergency Contact: | |
| Email : | |

Payment by Cheque

Please send your application form and cheque to the following address:

Payable to: *Frontier Teaching and Therapy Consultancy Limited*

☐ Early Bird HKD 5,000 (before 1st Jan 2019) ☐ Full Price HKD 5,500

Bank: _____ Cheque Number: _____

Enquiry:

Tel: 2287 5284

Whatsapp: 5542 4225

Email: info@frontierttc.com

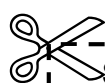
Use of personal data:

To allow your access to SOS resources, we will share the following information with Dr. Toomey, including your first name, last name, address, city, country, email, phone number. ☐ Agree ☐ Not agree

Notes:

CERTIFICATE OF ATTENDANCE: Certificate will be issued to participant with 100% of attendance.

REFUND POLICY: No refunds on cancellations however substitution may be made at any time. Please inform the Course Organizer for any change. Course fee will be fully refunded if the course has to be cancelled.



SOS Course Application

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